**Words of Affirmation from A to Z**

*It is easier to build up a child than repair an adult.*

*Choose your words wisely. -Matthew Jackson*

**You are…**

Adventurous

Brave

Compassionate

Dependable

Enthusiastic

Friendly

Generous

Helpful

Insightful

Joyful

Kind

Loving

Motivated

Neighborly

Observant

Patient

Quick

Reliable

Sympathetic

Thoughtful

Understanding

Versatile

Wise

eXcellent

Yummy

Zealous